

2007 Couch Potato 5K Champions

		<i>City/State</i>	<i>M/F</i>	<i>Age</i>	<i>Time</i>
Champion Male					
Daniel	Ordaz	Holgate, Ohio	M	31	0:17:59.86
Champion Master Male					
Jay	Prichard	Van Wert, Ohio	M	49	0:18:17.00
Champion Female					
Andrea	Pollack	Bowling Green, Ohio	F	22	0:19:31.57
Champion Master Female					
Dianna	Cochrane	Luckey, Ohio	F	40	0:21:59.33

2007 Couch Potato 5K Results

	<i>Name</i>		<i>City/State</i>	<i>M/F</i>	<i>Age</i>	<i>Time</i>
1	Daniel	Ordaz	Holgate, Ohio	M	31	0:17:59.86
2	Jay	Prichard	Van Wert, Ohio	M	49	0:18:17.00
3	Ed	Masta	Wyandotte, Michigan	M	45	0:18:18.53
4	Lucas	Frisch	Bowling Green, Ohio	M	31	0:18:29.85
5	Andrew	Wickiser	Risingsun, Ohio	M	47	0:18:31.69
6	John	Newton	Curtice, Ohio	M	58	0:18:47.35
7	Joe	Tillison	Rudolph, Ohio	M	28	0:18:59.95
8	Ron	Bonifas	Delphos, Ohio	M	47	0:19:01.65
9	Jeffrey	Senecal	North Baltimore, Ohio	M	16	0:19:12.95
10	Tim	Messer-Kruse	Ottawa Hills, Ohio	M	44	0:19:20.94
11	Andrea	Pollack	Bowling Green, Ohio	F	22	0:19:31.57
12	Brian	Jakupca	Tiffin, Ohio	M	49	0:19:38.19
13	Tiffany	Dixon	Bowling Green, Ohio	F	26	0:19:47.91
14	Daniel	Ordaz	Holgate	M	52	0:19:48.89
15	Nathan	Richardson	Bowling Green, Ohio	M	38	0:19:53.15
16	Ken	Rowe	Canton, Michigan	M	60	0:19:54.67

17	James S.	Bockey	Temperance, Michigan	M	32	0:20:12.32
18	Dave	Fisher	Bowling Green, Ohio	M	28	0:20:20.95
19	Bill	Mumford	Toledo, Ohio	M	56	0:20:28.09
20	Lindsay	Carter	Bowling Green, Ohio	F	21	0:20:29.81
21	Warren	Leow	Toledo, Ohio	M	46	0:20:39.35
22	Kristin	Tillison	Rudolph, Ohio	F	27	0:20:43.72
23	Matt	Meyers	Fostoria, Ohio	M	33	0:20:48.15
24	Jonas	Westrin	Perrysburg, Ohio	M	32	0:20:49.44
25	Tom	Striggow	Bowling Green, Ohio	M	55	0:20:56.97
26	Scott	McMahon	Rossford, Ohio	M	26	0:21:05.50
27	William	Gibson	Bowling Green, Ohio	M	14	0:21:06.76
28	Michael	Pollack	Bowling Green, Ohio	M	24	0:21:07.73
29	Mike	Simon	Bowling Green, Ohio	M	49	0:21:10.47
30	David	Aguilera	Wauseon, Ohio	M	19	0:21:11.64
31	Terry	Richardson	Bowling Green, Ohio	M	47	0:21:33.80
32	Jeremy	Dixon	Bowling Green, Ohio	M	27	0:21:42.62
33	Samual	Johnson	Weston, Ohio	M	15	0:21:42.95
34	Gina	Warnke	Oak Harbor, Ohio	F	33	0:21:50.46
35	Scot	Smith	Sylvania, Ohio	M	44	0:21:53.70
36	Peter	Huska	Bowling Green, Ohio	M	28	0:21:57.21
37	Zach	Hiris	Bowling Green, Ohio	M	11	0:21:58.76
38	Dianna	Cochrane	Luckey, Ohio	F	40	0:21:59.33
39	Terry	Kotalik	Perrysburg, Ohio	M	53	0:22:07.94
40	Kelly	Jewell	Toledo, Ohio	F	47	0:22:09.62
41	Jim	Bado	Findlay, Ohio	M	43	0:22:24.14
42	Kyle	Wentz	Bowling Green, Ohio	M	33	0:22:25.57
43	Doug	Leader	Bowling Green, Ohio	M	39	0:22:27.63
44	Bob	Miller	Findlay, Ohio	M	48	0:22:28.31
45	David	Koelsch	Toledo, Ohio	M	60	0:22:28.95
46	Brian	Courtney, II	Wauseon, Ohio	M	20	0:22:34.11
47	Lou	McLove	Toledo, Ohio	M	56	0:22:35.33
48	Mike	Good	Bowling Green, Ohio	M	27	0:22:36.54

49	Chuck	Giffhorn	Bowling Green, Ohio	M	46	0:22:48.12
50	Cory	Knoll	Bowling Green, Ohio	M	27	0:22:55.27
51	Sean	James	Unknown	M	25	0:22:57.56
52	Donna	Olson	Canton, Michigan	F	57	0:23:02.61
53	Randy	Fielder	Adrian, Michigan	M	55	0:23:16.51
54	Lacy	Nagy	Gibsonburg, Ohio	F	13	0:23:25.45
55	Diane	Krill	Bowling Green, Ohio	F	42	0:23:25.98
56	Jodi	Cameron	Findlay, Ohio	F	31	0:23:27.20
57	Andy	Glick	Tiffin, Ohio	M	48	0:23:28.99
58	Jason	Koludziejczyk	Fremont, Ohio	M	29	0:23:35.76
59	Mark	Sheffer	Weston, Ohio	M	59	0:23:40.01
60	Dan	Wott	Bowling Green, Ohio	M	24	0:23:40.69
61	Tyndale	Hannan	Bowling Green, Ohio	M	8	0:23:44.43
62	Rob	Simon	Maumee, Ohio	M	46	0:23:45.00
63	Kim	Feckley	Oregon, Ohio	F	42	0:23:46.83
64	Harry	Ausderan	Bowling Green, Ohio	M	57	0:23:48.18
65	Susan	Moser	Bowling Green, Ohio	F	40	0:23:58.65
66	Hayley	Krill	Bowling Green, Ohio	F	14	0:24:07.29
67	Joe	Pertner	Norwalk, Ohio	M	33	0:24:09.99
68	Mary	Sundermeier	Bowling Green, Ohio	F	17	0:24:15.10
69	Eric	Matthews	Bowling Green, Ohio	M	21	0:24:22.99
70	Fred	Matthews	Bowling Green, Ohio	M	51	0:24:23.57
71	Michael	Bensen	Bowling Green, Ohio	M	39	0:24:24.46
72	Scott L.	Smith	Fremont, Ohio	M	48	0:24:30.85
73	Roger	Domokos	Port Clinton, Ohio	M	38	0:24:31.39
74	Tim	Parish	Bowling Green, Ohio	M	32	0:24:32.05
75	Jodi	Schantz	Sylvania, Ohio	F	31	0:24:33.78
76	Joseph	Hammer	Bowling Green, Ohio	M	27	0:24:43.40
77	Bethany	Preston	Fremont, Ohio	F	28	0:24:45.00
78	Rich	Schmidt	Bowling Green, Ohio	M	51	0:24:45.57
79	Erika	Coldwell	Toledo, Ohio	F	18	0:24:47.38
80	Owen	Beck	Bowling Green, Ohio	M	25	0:24:48.39

81	Carissa	Coit	Bowling Green, Ohio	F	23	0:24:49.13
82	Tim	Eckel	Perrysburg, Ohio	M	38	0:24:52.40
83	Rebecca	Zietlow	Toledo, Ohio	F	44	0:24:55.35
84	Unknown		Unknown			0:24:56.01
85	Jerome	Tomc	Toledo, Ohio	M	64	0:25:11.73
86	David A.	Hannan	Bowling Green, Ohio	M	40	0:25:14.98
87	Ravin	Subreenduth	Bowling Green, Ohio	M	42	0:25:20.56
88	Stephen	Gibson	Bowling Green, Ohio	M	20	0:25:21.44
89	Hope	Radzinski	Toledo, Ohio	F	23	0:25:24.24
90	Doug	Spencer	Perrysburg, Ohio	M	55	0:25:25.52
91	Shelby	Wevas	Elmore, Ohio	F	14	0:25:29.70
92	Meredith	Moon	Bowling Green, Ohio	F	31	0:25:33.15
93	Jessica	Primeau	Bowling Green, Ohio	F	24	0:25:37.58
94	Jennifer	Elliott	Bowling Green, Ohio	F	27	0:25:40.46
95	Amy	Tackett	Bowling Green, Ohio	F	35	0:25:40.90
96	William	Gosline	Toledo, Ohio	M	62	0:25:41.66
97	Alan	Sundermeier	Bowling Green, Ohio	M	52	0:25:42.90
98	Carol	Butcher	Bowling Green, Ohio	F	55	0:26:12.34
99	Craig	Dixon	Bowling Green, Ohio	M	54	0:26:25.09
100	Lloyd	Triggs	Bowling Green, Ohio	M	35	0:26:25.70
101	John	Wolff	Bowling Green, Ohio	M	48	0:26:28.06
102	Jan	Conlin	Ann Arbor, Michigan	F	56	0:26:34.19
103	John	Skeldon	Bowling Green, Ohio	M	25	0:26:36.21
104	Bill	Bourquin	Toledo, Ohio	M	53	0:26:38.17
105	Brett	Strick	Van Wert, Ohio	M	47	0:26:40.73
106	Beverly	Wolcott	Toledo, Ohio	F	58	0:26:51.76
107	Erin	Anderson	Holland, Ohio	F	38	0:26:53.70
108	Carolyn	Caperna	Bowling Green, Ohio	F	22	0:26:58.84
109	Linda M.	Shaw	Sylvania, Ohio	F	53	0:27:01.99
110	Craig	Blair	Weston, Ohio	M	51	0:27:02.65
111	Barb	Scrogam	Ft. Wayne, Indiana	F	60	0:27:09.45
112	Annette	Wicks	Maumee, Ohio	F	60	0:27:10.80

113	Christine	Mainord	Wauseon, Ohio	F	18	0:27:12.64
114	Cathy	Klewer	Oregon, Ohio	F	46	0:27:21.36
115	Erika	Durham	Bowling Green, Ohio	F	22	0:27:23.90
116	Rick	Sealscott	Van Wert, Ohio	M	53	0:27:24.79
117	Jessica	Belkofer	Oregon, Ohio	F	15	0:27:26.11
118	Philip	Lawrence	Elida, Ohio	M	14	0:27:27.74
119	Maggie	Porter	Bowling Green, Ohio	F	21	0:27:52.56
120	Mel	Wicks	Maumee, Ohio	M	67	0:27:56.38
121	Holly	Bennett	Bowling Green, Ohio	F	28	0:27:57.87
122	Jeanne	O'Riordon	Swanton, Ohio	F	36	0:28:01.88
123	Jessica	Ameling	Bowling Green, Ohio	F	22	0:28:17.66
124	Ashley	Digby	Bowling Green, Ohio	F	23	0:28:18.10
125	Heidi	Brenenstuhl	Bowling Green, Ohio	F	23	0:28:24.04
126	Unknown		Unknown			0:28:35.22
127	Dana	Budd	New Haven, Indiana	M	52	0:28:39.97
128	Jordan	Noftz	Bowling Green, Ohio	F	Unk.	0:28:47.57
129	Jeff	Noftz	Bowling Green, Ohio	M	44	0:28:48.53
130	Harry	Reynolds	Wayne, Ohio	M	53	0:28:49.27
131	George	Royer	Toledo, Ohio	M	70	0:28:52.60
132	Jane	Miller	Findlay, Ohio	F	50	0:28:57.10
133	Allison	Trelka	Bowling Green, Ohio	F	21	0:29:04.42
134	Jim	Lawrence	Elida, Ohio	M	48	0:29:07.23
135	Mark	Asmus	Bowling Green, Ohio	M	26	0:29:10.31
136	Brett	Core	Bowling Green, Ohio	M	37	0:29:17.83
137	Jennifer	Williams	Wauseon, Ohio	F	17	0:29:19.79
138	Randy	Deck	Bowling Green, Ohio	M	36	0:29:24.10
139	James	Hamen	Pemberville, Ohio	M	53	0:29:27.96
140	Tony	Buff	Bowling Green, Ohio	M	35	0:29:31.75
141	Amy	Buff	Gahanna, Ohio	F	29	0:29:42.91
142	Mark	Howard	Bowling Green, Ohio	M	41	0:29:43.96
143	Kevin	Atwood	Bowling Green, Ohio	M	33	0:29:44.81
144	Roberta	Brewer	Harrod, Ohio	F	57	0:29:49.20

145	Greg	Radzinski	Sylvania, Ohio	M	54	0:29:57.45
146	Tim	Gibson	Bowling Green, Ohio	M	49	0:30:38.71
147	Renata	DeLaney	Toledo, Ohio	F	39	0:30:40.74
148	Mary	Steinhauser	LaSalle, Michigan	F	62	0:30:57.39
149	Jacob	Anderson	Tiffin, Ohio	M	7	0:31:01.07
150	Susan	Hamen	Pemberville, Ohio	F	53	0:31:01.78
151	Ruth	Sprenger	Waterville, Ohio	F	25	0:31:13.80
152	Gary L.	Spencer	Bowling Green, Ohio	M	60	0:31:29.77
153	Cate	Porter	Maumee, Ohio	F	13	0:31:41.54
154	Rebecca	Eiben	Waterville, Ohio	F	27	0:31:42.64
155	Cyril	Steinhauser	LaSalle, Michigan	M	65	0:32:00.91
156	Brandon	Schiltz	Findlay, Ohio	M	33	0:32:07.53
157	Shelly	Schiltz	Findlay, Ohio	F	31	0:32:08.09
158	Meredith M.	Goldberg	Toledo, Ohio	F	38	0:32:27.46
159	Denise	Hauden	Toledo, Ohio	F	49	0:32:32.99
160	Marlin	Short	Wauseon, Ohio	M	59	0:32:40.05
161	Anne	Hampton	Waterville, Ohio	F	53	0:32:49.89
162	Joel T.	Oswald	Toledo, Ohio	M	50	0:33:33.16
163	Jessica	Hildreth	Bowling Green, Ohio	F	26	0:33:45.58
164	Sheila	Wentz	Bowling Green, Ohio	F	58	0:33:49.33
165	Shannon	Brinker	Bowling Green, Ohio	F	27	0:33:50.52
166	Joan	Vicinus	Ottawa Hills, Ohio	F	70	0:33:56.21
167	Dodi	Hodges	Bowling Green, Ohio	F	48	0:33:59.11
168	Kathy	Woodward	Toledo, Ohio	F	59	0:34:40.48
169	Rosemary	Brown	Bowling Green, Ohio	F	76	0:34:42.21
170	Gary	Harouf	Haskins, Ohio	M	55	0:34:43.57
171	Wendy	Gonzales	Wayne, Ohio	F	52	0:35:13.99
172	Carl P.	Anderson	Monclova, Ohio	M	65	0:35:45.85
173	Amy	Morrow	Toledo, Ohio	F	25	0:35:49.99
174	Jeff	Oswald	Toledo, Ohio	M	54	0:35:53.96
175	Daniel	Snyder	Bowling Green, Ohio	M	8	0:35:54.95
176	Sherry	Oswald	Toledo, Ohio	F	52	0:37:35.90

177	Jane	Zbinden	Toledo, Ohio	F	64	0:37:42.70
178	Peterann M.	Siehl	Port Clinton, Ohio	F	56	0:37:49.46
179	Wesley	Konesky	Bowling Green, Ohio	F	30	0:37:55.89
180	Alden	Carney	Bowling Green, Ohio	M	14	0:38:02.87
181	Jenifer	Byrne	Pemberville, Ohio	F	48	0:38:09.99
182	Julie	Perilman	Vandalia, Ohio	F	25	0:38:45.77
183	Tutsy	Asmus	Bowling Green, Ohio	F	24	0:40:26.82
184	Jerry	Milnor	Bowling Green, Ohio	M	73	0:41:05.76
185	Paula	Steinker	Bowling Green, Ohio	F	57	0:41:22.72
186	Donnie	Snyder	Bowling Green, Ohio	M	11	0:41:51.46
187	AJ	Muniz	Liberty Center, Ohio	M	41	0:42:00.42
188	Pat	Michalski	Cleveland Hieghts, Ohio	F	43	0:42:31.33
189	Alexandra	Lampe	Bowling Green, Ohio	F	19	0:42:41.94
190	Samantha	Tasler	Whitehouse, Ohio	F	10	0:45:53.71
191	Priscilla	Jakupca	Tiffin, Ohio	F	48	0:45:54.23
192	Cheryl	Malaspina	Waterville, Ohio	F	55	0:46:28.37
	Joanne	Donovan	Bowling Green, Ohio	F	54	0:47:15.00
193	Charles	Norrington	Liberty Center, Ohio	M	63	0:47:42.72
194	Unknown		Unknown			0:48:30.20
195	Unknown		Unknown			0:48:30.84
196	Ellen	Cramer	Monclova, Ohio	F	50	0:49:25.82
197	Susan	Zacharias	Swanton, Ohio	F	47	0:49:26.64
198	Meredith J.	Porter	Bowling Green, Ohio	F	29	0:49:58.18
199	Karen	Porter	Maumee, Ohio	F	53	0:49:59.12
200	Sara	Smith	North Baltimore, Ohio	F	52	0:50:49.91
201	David	Wentz	Bowling Green, Ohio	M	58	0:50:55.41
202	Shelly	Appelbaum	East Lansing, Michigan	F	45	0:52:38.99
203	Flo	Klopfenstein	Bowling Green, Ohio	F	60	0:52:39.65
204	Lois	Spencer	Perrysburg, Ohio	F	55	0:53:01.28
205	Barbara	Spencer	Bowling Green, Ohio	F	59	0:53:01.83
206	Jaymi	Smith	Findlay, Ohio	F	29	0:53:03.19
207	Sheryl	Hardwick	Bowling Green, Ohio	F	57	0:53:07.70

208	Rachel	Tasler	Whitehouse, Ohio	F	12	0:53:51.73
209	Tim	Tasler	Whitehouse, Ohio	M	45	0:53:52.13
210	Angie	Blake	Bowling Green, Ohio	F	29	0:54:05.63
211	Laura	Hala	Toledo, Ohio	F	28	0:54:06.27
212	Kelly	Chatfield	Bowling Green, Ohio	F	27	0:54:07.00
213	Lori	Losey	Osseo, Michigan	F	43	0:54:31.99
214	Unknown		Unknown			0:54:33.05
215	Karla	Carney	Bowling Green, Ohio	F	46	0:54:54.96
216	Unknown		Unknown			0:55:09.63
217	Ann	Stott	Bowling Green, Ohio	F	43	0:55:19.69
218	David	Stott	Bowling Green, Ohio	M	43	0:55:21.87
219	Charles	Davis	Bowling Green, Ohio	M	73	0:56:02.72
220	Judy	Rosendale	Wayne, Ohio	F	48	0:56:30.87
221	Ann	Hailey	Bloomdale, Ohio	F	47	0:56:31.27
222	Heather E.	Arquette	Waterville, Ohio	F	36	0:56:31.86
223	Nadine	Tasler	Whitehouse, Ohio	F	45	0:56:32.48
224	Katherine	McCreary	Bowling Green, Ohio	F	23	0:58:25.39
225	Peggy	McCreary	Norwalk, Ohio	F	53	0:58:27.29
226	Barbara	Klopfenstein	Bowling Green, Ohio	F	68	1:05:57.89
227	Mona Kay	Woodhams	East Lansing, Michigan	F	43	1:05:57.89
	Tammy	Bengela	Toledo, Ohio	F	35	DNF